VETERANS OF FOREIGN WARS

INFORMATION BULLETIN SEPTEMBER, 2025



DEPARTMENT OF ARIZONA 6423 S Ash Ave TEMPE, ARIZONA 85283

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GRERGORY HARRELL, COMMANDER 2025 – 2026

WHAT POST OR DISTRICT WILL BE FIRST AT 101% IN MEMBERSHIP



FACT SHEET

As the nation's oldest major war veterans' organization, the VFW has an impeccable and longstanding record of service and stewardship. More than 4.4 million patriotic Americans, both members and non-members, entrust the VFW with financial contributions and dedicate millions of volunteer hours.

THE VFW'S SUPPORT **PROGRAMS**

Educate separating service members about their well-earned VA benefits through private benefits counseling sessions with a VFW Accredited Service Officer.

Advocate for America's veterans and their families on Capitol Hill, ensuring promises made to veterans are promises kept.

Help cover rent, utilities or groceries for a military family struggling with the hardships of war.

Deliver morale-boosting "welcome home" celebrations for service members who have returned from combat.



Number of VFW Accredited Service Officers across America and abroad, helping veterans fight for the VA benefits they have earned.

Number of service members and their family members hosted at VFW Military Assistance Program (MAP) events.

The total annual amount the VFW helped veterans recoup in VA disability compensation and pension benefits in fiscal year 2024.

Amount of academic scholarships awarded to 337 veterans and service members.

Number of times the VFW testified to Congress in fiscal year 2024. The VFW has been instrumental in virtually every major legislative victory for veterans in the 20th and 21st centuries.

Amount of scholarships, monetary awards and other incentives the VFW distributes annually to middle and high school students through two major patriotic essay competitions.

150,352

Value of financial assistance awarded to military families to help cover basic needs in times of crisis. 26% of the funds covered basic housing needs in fiscal year 2024.



ININ THE VEW

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Undated December 2024



MORE FACTS ABOUT THE VFW

About the VFW

We trace our roots back to 1899 when veterans of the Spanish-American War (1898) and the Philippine Insurrection (1899-1902) founded local organizations to secure rights and benefits for their service. Many arrived home wounded or sick. There was no medical care or veterans' pension for them, and they were left to care for themselves. In their misery, some of these veterans banded together and formed organizations that would eventually band together and become known as the Veterans of Foreign Wars of the United States.

Our Mission: To foster camaraderie among United States veterans of overseas conflicts. To serve our veterans, the military and our communities. To advocate on behalf of all veterans.

Our Vision: Ensure that veterans are respected for their service, always receive their earned entitlements, and are recognized for the sacrifices they and their loved ones have made on behalf of this great country.



The VFW by the numbers

1.4 million+

Number of VFW and VFW Auxiliary members.

5,500+

Number of VFW Posts worldwide.



1899

Year the VFW started to fight for veterans, service members and their families.



Helping struggling military families

48

Number of grants provided to military families facing financial hardship through *VFW Unmet Needs*.

\$39,737

Amount of grants provided through **VFW Unmet Needs** covering housing for struggling military families.

24

Number of military families who received assistance with housing needs.



Cutting red tape

146,000

Approximate number of veterans the VFW assisted in submitting new VA claims in fiscal year 2024.

14,000

Number of VA claims filed by the VFW's Pre-Discharge offices in fiscal year 2024 resulting in more than \$110 million in disability compensation.

20 +

Number of VFW Pre-Discharge offices across the nation, including the military district of Washington, D.C., area.



Inspiring patriotism in young people

26,431

Number of high school students who competed in the 2023–24 VFW Voice of Democracy competition.

68,439

Number of students who competed in the 2023–24 VFW Patriot's Pen competition.



Improving life in America

5.9 million

Number of volunteer hours contributed by VFW members annually.

\$50.8 million

Amount donated annually to local community service projects by VFW members.

The VFW Relies on Donations

The VFW is a 501(c), and programs are made possible through membership dues and tax-deductible donations from goodhearted Americans.

Cost of VFW Program Services: \$58.9 Million

gifts and other revenue

6% Membership dues
94% Charitable contributions,

Source: VFW 2024 Annual Report

Updated December 2024



Whitmore's Warriors Class of 2025-2026 Project



LET'S DO MORE STOCK THE STORE



NATIONAL HOME

Whitmore / Callihan 2025 / 2026

Store Equipment (Refrigerators, freezers, etc and Food)
Consists of purchasing equipment for the retail section including coolers and freezers for fresh and frozen food, and beverages, dry goods and other sundries that are deemed most useful to residents. This fundraiser will also purchase an honor system point of sale program that allows residents to enter the store with a swipe card, pick out items and pay for them with a credit or debit card both during and after business hours.





VFW Programs & Projects

Since its founding, the VFW has been a staple in the community. Troop support, youth activities, volunteering and scholarship programs are a few of the ways the VFW shines in the many communities and cities where Posts are located.

Youth Scholarship Programs

• Voice of Democracy

This audio-essay competition annually awards nearly \$3 million in scholarships to students in grades 9-12. The first-place winner receives a \$35,000 scholarship.

· Patriot's Pen

More than \$1.2 million is awarded annually to students in grades 6-8 in this essay contest. The firstplace winner receives \$5,000.

• Teacher of the Year

The VFW annually recognizes three exceptional schoolteachers (one from each (K-5, 6-8, and 9-12) for their outstanding commitment to teaching Americanism and patriotism to their students. Awards include \$1,000 to the teacher of each category and \$1,000 for his/her school, along with an allexpense-paid trip to attend the VFW National Convention.

Educational Outreach

Echoes From the Wall

The VFW partnered with the Vietnam Veterans Memorial Fund to distribute a curriculum, Echoes From the Wall, to 25,000 public and private high schools and donated \$50,000 to the project.

• Educational Brochures

The VFW produces and distributes a flag brochure and poster.

• Veterans in the Classroom

November is officially known as VFW Veterans in the Classroom Month. Members demonstrate flag etiquette and share their wartime experiences with America's youth.

Youth Activities

Locally, VFW Posts sponsor various youth sporting programs such as baseball and ice hockey. In addition, many VFW Posts sponsor Boy and Girl Scout troops, Junior Olympics, bike safety, JROTC units, drill teams, color guards and a variety of other programs to build good citizenship and exemplary character in America's youth.

Community Volunteerism

Each year, VFW members volunteer more than 5 million hours of service to various community endeavors.

• Veterans Affairs Voluntary Service

The VFW was a charter member in 1946. VFW volunteers donate millions of hours of service annually at VA medical facilities.

NATIONAL HEADQUARTERS

WASHINGTON OFFICE

200 Maryland Ave., N.E. Office 202,545-2259 Washington, D.C. 20002 Fax 202,545.6719

Troop Support

• Military Assistance Program (MAP)

More than 4.1 million service members and their families have been hosted at morale-boosting events sponsored by the VFW since 2005.

· Adopt-a-Unit

More than 3,700 units and ships have been adopted through VFW Posts since 2007. VFW National Headquarters adopted the USS Cole in 2002.

Care Packages

Posts across the country show their support of America's military by collecting and distributing much-needed personal items for adopted units.

• VFW Financial Assistance

This program administers financial assistance in the form of grants to active-duty service members to include active Guard/Reserves and their families to help cover daily necessities such as residential expenses, vehicle expenses, childcare, food, and more. Since 2004, 11,659 grants have been issued totaling more than \$13 million.

· VFW's "Sport Clips Help A Hero Scholarship"

Introduced in 2013, this program awards scholarships of up to \$5,000 to qualifying veterans and service members. The program has provided 3,261 scholarships totaling more than \$1.5 million.

· Student Veteran Support Grants

Provides financial grants to VFW Posts, Districts, and Departments to assist with outreach and services to veterans on college campuses around the country.

Past Commanders-in-Chief



To honor their service, the past Commanders-in-Chief are listed in chronological order since the inception of the organization.

AMERICAN VETERANS OF FOREIGN SERVICE

James C. Putnam*	1899-1900
Maj. Will S. White*	
Maj. Will S. White*	
James Romanis*	1902-03
James Romanis*	1903-04
James Romanis*	1904-05
George Metzger*	1905-06
Charles H. Devereaux*	1906-07
David T. Nevin*	
J. Alfred Judge*	1908-09
J. Alfred Judge*	1909-10
Robert G. Woodside*	1910-11
Robert G. Woodside*	1911-12
Robert G. Woodside*	1912-13

ARMY OF THE PHILIPPINES, **CUBA AND PUERTO RICO**

AMERICAN VETERANS OF FOREIGN SERVICE (EASTERN BRANCH)

Capt. Robert S. Hansbury*1903-04 H.O. Kelley*.....1904-05

Rice W. Means,* Colorado	1913-14	Ray S. Soden,* Illinois	1973-74
Thomas Crago,* Pennsylvania	1914-15	John J. Stang,* Kansas	1974-75
Gus Hartung,* Colorado	1915-16	Thomas C. Walker,* Connecticut	1975-76
Albert Rabing,* New York	1916-17	R.D. (Bulldog) Smith, Georgia	1976-77
William Ralston,* Pennsylvania	1917-18	John Wasylik,* Ohio	1977-78
F. Warner Karling,* Missouri	1918-20	Eric Sandstrom,* Washington	1978-79
Robert G. Woodside,* Pennsylvania	1920-22	Howard E. Vander Clute, Jr.,* New Jersey	1979-80
Tillinghast Huston,* New York	1922-23	T.C. Selman,* Texas (died in office)	1980-81
Lloyd M. Brett,* Washington, D.C.	1923-24	Arthur J. Fellwock,* Indiana	1981-82
John H. Dunn,* Massachusetts	1924-25	James R. Currieo,* Arizona	1982-83
Fred Stover,* Pennsylvania	1925-26	Clifford G. Olson, Jr.,* Massachusetts	1983-84
Theodore Stitt,* New York	1926 -27	Billy Ray Cameron,* North Carolina	1984-85
Frank T. Strayer,* Indiana	1927-28	John S. Staum,* Minnesota	1985-86
Eugene P. Carver,* Massachusetts	1928-29	Norman G. Staab,* Kansas	1986-87
Hezekiah N. Duff,* Michigan	1929-30	Earl L. Stock, Jr.,* New York	1987-88
Paul C. Wolman,* Maryland	1930-31	Larry W. Rivers, Louisiana	1988-89
Darold D. DeCoe,* California	1931-32	Walter G. Hogan, Wisconsin	1989-90
Robert E. Coontz,* Washington, D.C.	1932-33	James L. Kimery,* New Mexico	1990-91
James E. Van Zandt,* Pennsylvania	1933-36	Robert E. Wallace, New Jersey	1991-92
Bernard W. Kearney,* New York	1936-37	John M. Carney,* Florida	1992-93
Scott P. Squyres,* Oklahoma	1937-38	George R. Cramer, Illinois	1993-94
Eugene I. Van Antwerp,* Michigan	1938-39	Allen F. Kent,* Arizona	1994-95
Otis N. Brown,* North Carolina	1939-40	Paul A. Spera, Massachusetts	1995-96
Joseph C. Menedez,* Louisiana	1940-41	James E. Nier, Texas	1996-97
Max Singer,* Massachusetts	1941-42	John E. Moon, Ohio	1997-98
Robert T. Merrill,* Montana	1942-43	Thomas A. Pouliot, Montana	1998-99
Carl J. Schoeninger,* Michigan	1943-44	John W. Smart, New Hampshire	1999-2000
Jean A. Brunner,* New York	1944-45	John F. Gwizdak,* Georgia	2000-01
Joseph M. Stack,* Pennsylvania	1945-46	James N. Goldsmith,* Michigan	2001-02
Louis E. Starr,* Oregon	1946-47	Raymond C. Sisk, * California	2002-03
Ray H. Brannaman,* Colorado	1947-48	Edward S. Banas, Sr., Connecticut	2003-04
Lyall T. Beggs,* Wisconsin	1948-49	John Furgess, Tennessee	2004-05
Clyde A. Lewis,* New York	1949-50	James R. Mueller, Missouri	2005-06
Charles C. Ralls,* Washington	1950-51	Gary Kurpius, Alaska	2006-07
Frank C. Hilton,* Pennsylvania	1951-52	George Lisicki, New Jersey	2007-08
James W. Cothran,* South Carolina	1952-53	Glen M. Gardner, Jr., Texas	2008-09
Wayne E. Richards,* Kansas	1953-54	Thomas J. Tradewell, Sr.,* Wisconsin	2009-10
Merton B. Tice,* South Dakota	1954-55	Richard L. Eubank, California	2010-11
Timothy J. Murphy,* Massachusetts	1955-56	Richard L. DeNoyer, Massachusetts	2011-12
Cooper T. Holt,* Tennessee	1956-57	John E. Hamilton, Florida	2012-13
Richard L. Roudebush,* Indiana	1957-58	William A. Thien, Indiana	2013-14
John W. Mahan,* Montana	1958-59	John W. Stroud, Nevada	2014-15
Louis G. Feldmann,* Pennsylvania	1959-60	John A. Biedrzycki Jr.,* Pennsylvania	2015-16
Ted C. Connell,* Texas	1960-61	Brian Duffy, Kentucky	2016-17
Robert E. Hansen,* Minnesota	1961-62	Keith E. Harman, Ohio	2017-18
Byron B. Gentry,* California	1962-63	Vincent "B.J." Lawrence, New Mexico	2018-19
Joseph J. Lombardo,* New York	1963-64	William J. "Doc" Schmitz, New York	2019-20
John A. Jenkins,* Alabama	1964-65	Harold J. "Hal" Roesch II, Virginia	2020-21
Andy Borg,* Wisconsin	1965-66	Matthew M. "Fritz" Mihelcic, Illinois	2021-22
Leslie M. Fry,* Nevada	1966-67	Timothy M. Borland, Arizona	2022-23
Joseph A. Scerra,* Massachusetts	1967-68	Duane Sarrmiento, New Jersey	2023-24
Richard W. Homan,* West Virginia	1968-69	Alfred J. "Al" Lipphardt, Georgia	2024-25
Raymond A. Gallagher,* South Dakota	1969-70		
H.R. Rainwater,* California	1970-71		
Joseph L. Vicites,* Pennsylvania	1971-72		
Patrick E. Carr,* Louisiana	1972-73		

Updated 8/25 *Deceased

NATIONAL HEADQUARTERS

FW: Alternative ball caps mockups

Inbox



Marc Garduno Wed, Aug 20, 10:25 AM (5 days ago)

to Department, Dan

Team,

In response to several requests for information through social media channels, attached is a mockup of what the recently approved official alternative cap will look like. It will have all the essential components of the official overseas cap, and the color of the sandwich bill will denote the type of unit (Post-Yellow, District-Green, Department-Red, National-Silver/Grey). We are currently considering options for a unique identifier to help prevent pirating.

A couple pieces of information to share with your Department. First, don't expect to see these on the VFW Store site for purchase until beginning of December at the earliest. Delivery to the consumer will be four to six weeks from order. The only title options will be what's available on the item drop down. It's difficult enough to get some specialized titles on the overseas caps and there is even less space for that on these ballcaps. To help mitigate incorrect assumptions or prevent rumors, please send any questions that reach you to me for clarification. Thanks!

Marc Garduno

Ouartermaster General

VFW National Headquarters

406 W. 34th Street Kansas City, MO 64111 Direct: 816.968.1179 Fax: 816.968.1189 www.vfw.org













STRUCTURED
 B PANEL
 PRE-CURVED SANDWICH VISOR
 HOOK & LOOF CLOSURE





FLAT STITCH



DESCRIPTION

- STRUCTURED
 8 PANEL
 PRE-CURVED SANDWICH VISOR
 HOOK & LOOP CLOSURE



DESCRIPTION

- STRUCTURED
 6 PANEL
 PRE-CURVED SANDWICH VISOR
 HOOK & LOOP CLOSURE



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VETERANS OF FOREIGN WARS.



In celebration of 125 years of VFW service we're honoring our veterans and those who support them with a very special opportunity.

VFW 125 Salute to Service / NVS Sweepstakes

SALUTE C

S

Scan the QR code and enter to win



For bonus entry use keyword: SERVICE

S1000

If you were a VFW Member prior to 06:20.25 and are chosen as the winner, the PRIZE WLL BE DOUBLED to \$2000 the PRIZE WLL BE DOUBLED to

D PURCHASE OR PAYMENT NECESSARY TO ENTER OR WIN. A PURCHASE OR PAYMENT OF ANY KIND WILL NOT INCREASE YOUR CHANCES OF WINNING, Void where prohibited. Open only to legal U.S. residents of the 50 United States and schington, D.C., who are 21 years of oge or older at the time of entry. Sweepstakes begins at 9:00 AM ET on June 20, 2025, and ends at 11:59 PM ET on October 6, 2025 ("Entry Period"). To enter, visit a participating VFW post or off-site event during the try Period, scan the official VFW 125 Sweepstakes OR Code, and follow the instructions to complete your entry. Standard data rates may apply, Not all devices or service providers are supported. Alternatively, participants can enter by sending an email contestentry@mightylout.com during the Entry Period with the following information: Full Name, Address, Date of Birth, Email Address, and Phone Number. Each email submission will count as one (1) entry into the Sweepstakes. Limit ten (10) entries per reson/email address throughout the Entry Period, regardless of entry method. Odds of winning depend on the number of eligible entries received. Winners will be selected via random drawing on or around October 7, 2025. You do not have to be present on Prizzes One (1) Grand Prizze – VFW 125 \$1000 Salute to Service Grand Prizze \$1,000 USD cash; if the winner is a current VFW member prior to June 20, 2025, the prize will be doubled to \$2,000 USD, One (1) Second Prize – VFW Life Membership; if the ner already holds a Life Membership, the prize may be gifted to another eligible person. Winners are solely responsible for any and all applicable federal, state, and boat toxes, fees, and expenses associated with accepting and using a prize Prize are neutransferable and not redeemable for cash, except where expressly stated. This promotion is sponsored and operated by Mighty Loud Enterprises, 1480 Old 41 Highway NW, Kennesow, GA 30152, on behalf of Veterans of Foreign Wars of the United States
FW), 406 West 34th Street, Kansas City, MO 64111. Subject to all applicable fede



DON'T FEED THE SHARKS



DontFeedTheSharks.org

What we think a "Claim Shark" is:

- A Claim Shark is an individual or company that charges hefty fees to "assist" or "consult" veterans with filing their VA benefit claims this practice is illegal!
- Claim Sharks are not VA accredited, meaning they aren't required to adhere to the
 well-established professional and ethical standards of VA accreditation, so their advice can
 often be misleading or even fraudulent.
- Like a "Loan Shark," once you're in, you can't get out, and may be subject to new and hidden fees whenever you get a new rating, no matter who does the work.

Some of their predatory practices are:

- Promising or guaranteeing an increased disability rating or percentage increase.
- Advertising expedited VA claims decisions.
- Requesting login credentials to access a veteran's personal information through secure VA websites like eBenefits or VA.gov.
- Using confusing tactics or ambiguous language to mislead claimants or coerce them into signing a contract.
- Telling veterans to forego VA exams and offering health consultations within their own network of doctors.

Who we think the Claim Sharks are:

- Trajector Medical
- > Veteran Benefits Guide
- Neterans Guardian
- > VA Claims Insider
- ➤ Telemedica
- > Patriot Angels

- Veteran Care Services
- REE Medical
- > VA Claims Academy
- > Vet Assist
- ▶ Just4Veterans
- Veterans Disability Help

Veterans can protect themselves by:

- Always working with VA accredited representatives.
- Attending all exams ordered by VA.
- Not signing contracts.
- Not agreeing to fees or payments from future benefits.
- Not agreeing to pay for medical consultations or opinions.
- Not providing access to Protected Health Information or Personal Identifiable Information.

Who is NOT a Claim Shark?

- VA accredited veterans service organization representatives, like the VFW
- VA accredited claims agents
- VA accredited attorneys
- Attorneys assisting with Camp LeJeune lawsuits who do not charge excessive fees





MEMBERSHIP APPLICATION

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FMAIL Name /First Mt Last) Apt. / Lot # Address (Street) to Date Of Birth (mm/dd/yyyy) Phone Location of Foreign Service Dates Of Service (mm yyvy) NAT GUARD/RESERVE BRANCH OF SERVICE AIR FORCE MILITARY SERVICE VETERAN ACTIVE DUTY QUALIFYING FOREIGN SERVICE: VIETNAM SERVICE AFGHANISTAN (2001 - present) AWY II IRAO (2003 -2011) DESERT SHIELD/STORM OCCUPATIONAL SERVICE SSBN DETERRENT PATROL INSIGNIA KOREAN SERVICE (1950-1954) BOSNIA/KOSOVO Locat EXPEDITIONARY OPERATIONS GUDBAL MARION TERPOPISM & PEGITIONARY KOREA DUTY (1955 | present) Dat Payment Authorization - You may pay by check or credit card. For payments by check, you will receive a yearly statement by mail. For credit card payments ANNUAL MEMBER (2 Years) ANNUAL MEMBER (1 Year) _____ on a yearly basis to pay my Annual mer I authorize the VFW to automatically charge my account \$ ____ I authorize the VFW to charge my account a one-time payment of \$ _ LIFE MEMBER I authorize the VFW to charge my account a one-time payment of \$ === LIFE MEMBER INSTALLMENT PLAN By entering into the Installment Plan, I authorize the VFW to automatically charge my account S___ to be paid in 11 monthly installine after my initial payment of \$45.00, information about scheduling payments can be found by calling the VFW Member Service Center at 1.833 Automatic Payment Plan and Installment options require credit/debit card for processing. By signing this application you acknowledge and ag and conditions of the Automatic Payment Plan and Installment options, if selected Life Credit Card # (Mastercard Visa Discover or Amex only) AGE a DECEMB AMOUNT \$ Signature EXP DATE . 18-30 Ye 31-40 Ye FORMER MEMBER #___ Post #. NEW 41-50 Ye 51-60 Ye TRANSFER from Post #_____ State ____ to Post # __ 61-70 Ye

Automatic Payment Plan Terms and Conditions: You authorize the VFW to initiate electronic debit entries or affect a charge by any other commercially above for the payment of dues reflected on this application. You understand such charges may be made within 2.3 business days of payment due date made on or around the 1st or the 15th day of the month. This authorization will remain in full force until VFW has received notification from you of installment payments. Annual dues are subject to change. By completing this authorization, you acknowledge that you will only receive notice when the from the most recent payment. Contact VFW Member Services at 1.833.VFW.VETS (1.833.839.387) or write VFW Member Services, 406 W. 34th St., about or cancel a payment, or to report problemin such as bank closures, lost or stolen account numbers, closed accounts, or unauthorized transactions later than 11:59 p.m. Central Time ten business days prior to the scheduled payment date. If you are unaware of the charge date for your account, plots your financial institution (e.g., due to insufficient funds, incorrect account information, closed account, etc.) the VFW will contact you at the address could not be processed, and provide alternate payment options. The privilege of making payments under this agreement may be revoked by VFW if a may have additional rights and responsibilities under the Electronic Funds Transfer Act.

_ ID# _

Life Membership Installment Plan Terms and Conditions: The VFW life membership installment plan allows any VFW member/applicant to purchas payment of \$45.00 and (11) monthly payments. The member will be issued an annual membership card at the time of enrollment. A permanent life in completion of payments. The life membership fee is determined from the schedule using the applicant's age on December 31 of the year in which the a of 31–120 days can be corrected through make up payment(s) or plan end date pushed forward. Member will be dropped from the installment plan all payments made to date will be applied to future years annual dites.

VFW POST MEMBER TRANSFER DECLARATION (used for transfers in accordance with Sec. 107 of the Manual of Procedure). Thereby certify by signature on this application that it is my desire to transfer my membership as indicated above. I further certify that I am not indebted to my former Post, be it through oral or written commitment or otherwise, and that to the best of my knowledge no written charges have been preferred against me by my former Post, and I understand that any such indebtedness or charge which may be disclosed at any time hereafter will be to the conference of the procedure. render this transfer null and void.

LATTEST that I am a veteran of, or am currently serving in, the US Armed Forces, that my Campaign Service was honorable, that I have never subsequently been discharged from military service under dishonorable conditions. I also certify that (1) I am entitled to a campaign ribbon or medal authorized by the U.S. Government based on my overseas service or; (2) I have served overseas in Korea or, (3) I have received Imminent Danger or Hostile Fire Pay. I further give authority to the Veterans of Foreign Wars to verify honorable overseas service entitling me to membership

The review committee h	as performed its duties and recomme	ends approval,	rejection.
Committee Member	Committee Member	Committee Membe	r

71-80 Ye 81 Years

RECRUITER (Please print)

QUARTERMASTER (Signature) ___



HONORING WORLD WAR II KOREAN WAR & VIETNAM WAR VETERANS

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OR BY OTHER OPTIONS ON OUR WEBSITE DONATE PAGE:

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You, a loved one, or a friend has recently experienced an Honor Flight Arizona 3-day journey to Washington, D.C. These are the journeys of thanks and remembrance that are so often described by our returning Veterans as "One of he greatest experiences of my entire life."

Please consider helping Honor Flight Arizona and its all-volunteer staff in sending more Arizona Veterans to visit their memorials in Washington, D.C. THANK YOU!



WE WELCOME MILITARY RETIREES FROM ALL SERVICES AND THEIR SPOUSES!

The 56th Fighter Wing will honor the service of Phoenix area military retirees with the 2025 Refiree Appreciation Day (RAD) while also providing a look into the mission at Luke AFB: To train the world's greatest fighter pilots and combat-ready Airmen. Available:

- NEXTGEN ID card renewal
- Base Services
- Legal / Personnel
- Finance
- TRICARE
- Immunizations (as avail)

Information providers on site will include VA and Veteran Service Organizations such as VFW, DAV, AMVETS, MOAA, Assoc of USN, and Fleet Reserve Assoc.

IMPORTANT * * * Access to Luke AFB: Visitors (those without DoD IDs) require a pass. All visitors (age 16 or older) are required to be issued screened and appropriate DBIDS (Defense Identification Biometric System) / visitor's passes by security forces prior to gaining access to the For info: installation. https://www.luke.af.mil/



RETIREE ACTIVITIES OFFICE (RAO) AT LUKE AFB: We, the volunteer staff of Luke AFB RAO, connect retirees of all military and uniformed services, and their surviving spouses / family members / next of kin, with information and assistance on matters pertaining to their benefits and entitlements. Our goal is to provide guidance and referral assistance on military and uniformed service retiree matters.





NO ONE DOES MORE FOR VETERANS.

Commander's Message for Suicide Prevention Month

Comrades, families, and friends,

As we begin Suicide Prevention Month, I want to speak from the heart about something that touches every corner of the veteran community. We all know the terrible toll that suicide has taken on our brothers and sisters in arms. Each loss is one too many—and each one leaves a hole that can never be truly filled.

This month, I'm asking all of us to look out for one another a little more closely. Sometimes the strongest among us are the ones struggling in silence. A conversation, a phone call, or even just a simple "How are you doing?" can make a world of difference. Let's remind each other that it's okay to ask for help—and it's always okay to talk about what we're facing.

The VFW exists because we understand the unique challenges veterans face. This is a place where you are never alone, and where someone always has your back. Throughout September, we'll be sharing resources, hosting events, and reaching out to make sure nobody slips through the cracks. If you ever find yourself in need, please know that support is here—today, tomorrow, and as long as you need it.

Let's stand together in hope and solidarity. Let's make it clear that every life is valuable, and that help is always available. If you or someone you know needs to talk, the Veterans Crisis Line is open 24/7—just dial 988 and press 1.

You matter. We're in this together.

Yours in comradeship,

Greg Harrell Commander

Department of Arizona Veterans of Foreign Wars email:cdrazvfw@gmail.com

cell:520-271-5136

"Veterans First, Families Always, Our Promise"

gAHavel

VFW Suicide Prevention Month Outreach Calendar

WEEK 1: Kickoff & Awareness

- Sept 1: Launch Suicide Prevention Month with a Commander's Message (video or letter) posted on all VFW channels and displayed in the post.
- Sept 2–3: Update post bulletin boards and website with crisis numbers, resource flyers, and the event calendar.
- Sept 4: Social media post: "Know the Signs: Suicide Warning Signs in Veterans." Include infographic and Veterans Crisis Line info.
- Sept 5: Email/newsletter to all members highlighting the month's events, training signups, and resources.

WEEK 2: Education, Training & Community Walk

- Sept 8: Host a QPR/SAVE suicide prevention training for members and families.
- Sept 10 (World Suicide Prevention Day): Candlelight vigil or moment of silence at the post; social media post with photos and a message of hope.
- Sept 11: Partner with a local mental health organization for a "Coffee & Conversation" open house—invite all veterans and their families.
- Sept 12: Community Walk or 5K for suicide prevention. Use proceeds to fund mental health programming or donate to a relevant organization.
- Sept 13: Share a veteran's recovery story (with permission) on social media and in the post newsletter.

WEEK 3: Connection & Support

- Sept 15–19: "Buddy Check Week"—assign teams to call or visit at-risk or isolated members, and encourage everyone to reach out to a veteran friend.
- Sept 16: Social media share: "How to Start the Conversation—Tips for Checking on a Friend."
- Sept 18: Family support workshop—focus on signs to watch for and how to help a loved one in crisis.

WEEK 4: Community & Advocacy

- Sept 22: Family support workshop—focus on signs to watch for and how to help a loved one in crisis.
- Sept 24: Advocacy Day: Encourage members to contact lawmakers about supporting veteran mental health funding—provide a sample letter/email.
- Sept 25: Social media highlight: "Local Resources for Veterans"—list counseling, peer groups, and crisis lines.
- Sept 27: End-of-month BBQ or gathering—celebrate the community and share gratitude for participation; distribute resource cards and encourage ongoing support.

ONGOING (ALL MONTH):

- Weekly social media posts on mental health tips, myths vs facts, and encouragement to seek help.
- Resource table at all events and in the post.
 Encourage open conversations at every meeting.
 Collect feedback and stories to share next month.

Arizona VFW and the VFW Auxiliary License Plates

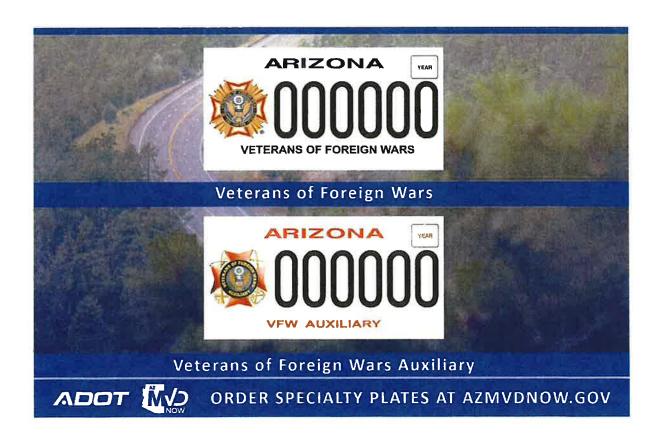
The Arizona VFW and the VFW Auxiliary License Plates are live on https://azdot.gov/ and available at your local DMV office.

The monies received from the VFW plate will be used exclusively to fund the State Service Officer Program.

Monies received from the Auxiliary plate are dedicated to the fraternal, patriotic, historical, charitable, and educational support to veterans and military members and their families and our communities.

For Questions about the Licences Plates please call your local DMV office.

Get your Arizona VFW and the VFW Auxiliary License Plates Today!!





Traditional Buddy Poppy Order Form

Cost for the Traditional Buddy Poppy has increased significantly.

Department of Arizona does not receive a commission

on the new prices from National.

# Needed	Cost	Shipping	Total
500	\$125.00	\$15.95	\$140.95
1000	\$250.00	\$29.95	\$279.95
1500	\$375.00	\$34.95	\$409.95
2000	\$500.00	\$39.95	\$539.95
2500	\$625.00	\$69.95	\$694.95
3000	\$750.00	\$69.95	\$819.95

For quantities higher than 3000, cost is \$125 per 500, plus \$69.95 (max) for shipping.

Post Number & City		-
Date when Poppies Order at least 8 weeks p	are needed* orior to function date)	
Make checks payable t	to "VFW Dept. of AZ"	
Mail this order form to: VFW Dept. of AZ 6423 S. Ash Ave Tempe, AZ 85283	How many Poppi	ies do you Need?
	Check #	Amount:
Ship Poppies to (<i>No I</i>	P.O. Boxes):	
Membership # of Person Re	equesting Poppies (Require	ed by National)
Name (Please Print)		
Shipping Address <mark>(Poppies</mark>	cannot be shipped to PC	O Boxes)
City, State Zip		



Post Number & City

Tin Tab Buddy Poppy Order Form



Cost for the Traditional Buddy Poppy has increased significantly.

Department of Arizona does not take a commission

on the new prices from National.

# Needed	Cost	Shipping	Total
500	\$60.00	\$10.95	\$70.95
1000	\$120.00	\$15.95	\$135,95
1500	\$180.00	\$15.95	\$195.95
2000	\$240.00	\$29.95	\$269.95
2500	\$300.00	\$29.95	\$329.95
3000	\$360.00	\$34.95	\$394.95

•		
Date when Poppies Order at least 8 weeks p	are needed* prior to function date)	
Make checks payable to	to "VFW Dept. of AZ"	e
Mail this order form to: VFW Dept. of AZ 6423 S. Ash Ave Tempe, AZ 85283	How many Poppies do you Need?	-
	Check # Amount:	_
Ship Poppies to (<i>No F</i>	P.O. Boxes):	
Membership # of Person Re	equesting Poppies (Required by National)	
Name (Please Print)		
Shipping Address (Poppies	s cannot be shipped to PO Boxes)	
City, State Zip	8	

DR. DANA LILLESTOL, PHD

Senior Education Advisor | Family Nurse Practitioner (Ret.) | Cannabis Educator



PROFESSIONAL SUMMARY

Dr. Dang Lillestol is a nationally respected educator and retired Family Nurse Practitioner with over 30 years of clinical experience in Family and Internal Medicine. She holds a PhD in Clinical Nursing Research with a minor in Psychology from the University of Arizona. Throughout her career, she has combined academic leadership, patient care, and health education to improve lives through evidence-based, patient-centered approaches.

Dr. Lillestol served as a Clinical Associate Professor at Arizona State University's Edson College of Nursing and Health Innovation, where she led the Family Nurse Practitioner Program and mentored advanced practice nursing students. Her dedication to integrating teaching with clinical relevance made her a highly valued voice in nursing education.

RESEARCH & CLINICAL FOCUS

Dr. Lillestol's doctoral research explored the impact of perceived stress, time pressure, and belief systems on immune function in individuals living with chronic tension-type headaches. Her interdisciplinary focus on behavioral health and psychoneuroimmunology underscored the importance of treating the whole person—physically, emotionally, and cognitively—in the restoration of health.

In her later clinical years, she founded and operated a private functional medicine practice, focusing on uncovering the root causes of illness. She used plant-based therapies, nutrition, and lifestyle interventions to help patients regain balance and reduce reliance on pharmaceuticals, particularly for chronic conditions commonly faced by older adults.

TRANSITION TO CANNABIS EDUCATION

Frustrated by the limitations of conventional medicine and its focus on symptom management over wellness, Dr. Lillestol transitioned into the field of medical cannabis seven years ago. Since then, she has become a leading voice in cannabis education for older adults and caregivers, delivering presentations in communities for individuals aged 55 and above, senior living facilities, and professional organizations across Arizona.

Though initially trained in addiction medicine and skeptical of cannabis use, her clinical experience and ongoing research led to a profound shift in perspective. Today, she is a strong advocate for the thoughtful, informed use of cannabis as a supportive tool in aging, chronic disease, and wellness care.

CURRENT ROLE

As the Senior Education Advisor for Life Is Chill, Dr. Lillestol delivers engaging, science-driven presentations tailored to older adult populations. She focuses on demystifying cannabis, addressing stigma, and providing practical education around non-intoxicating cannabinoids, delivery methods, dosing considerations, and wellness integration.

SPEAKING TOPICS INCLUDE:

- Medical Benefits of Cannabis and CBD
- Non-Intoxicating Cannabinoids: CBD, CBG, THCa
- Cannabis for Chronic Pain and Inflammation
- Anxiety and Sleep Support with Cannabis
- Cannabis During Cancer Care
- Brain Health and Aging
- End-of-Life Comfort and Care
- Cannabis Safety, Stigma, and Responsible Use

PHILOSOPHY OF CARE

Dr. Lillestol believes in the power of education to transform how we approach health, particularly as we age. Her mission is to provide accessible, stigma-free information that empowers older adults to explore plant-based wellness with confidence and clarity.

EDUCATION & CREDENTIALS

PhD — Clinical Nursing Research, minor in Psychology, The University of Arizona

MS — Double Major: Community Health Nursing and Family Nurse Practitioner, Arizona State University

BSN - Nursing, Montana State University, College of Nursing

Certification — Family Nurse Practitioner (Former; now retired)

Licensure - Former RN and Advanced Practice License holder; now dedicated fully to cannabis education and advocacy

Senior Education Advisor, Life Is Chill

480-798-1361

dana@lifeischill.com



EDUCATIONAL CANNABIS PRESENTATION FOR YOUR RESIDENTS & STAFF

To Whom It May Concern,

My name is **Dr. Dana Lillestol, PhD**. I am a retired Family Nurse Practitioner and former professor at Arizona State University with over 30 years of clinical experience. For the past seven years, I've specialized in cannabis education, specifically for older adults.

I offer on-site educational sessions for senior communities, assisted living centers, and caregiving organizations who are seeing a growing curiosity around the topic of cannabis and CBD. These presentations are not product promotions—they are designed to inform, empower, and reduce stigma around cannabis as a wellness tool, especially for issues like chronic pain, sleep, anxiety, and quality of life during aging.

Many communities have found these sessions valuable in helping residents, staff, and families make sense of cannabis in today's healthcare landscape. With more seniors exploring alternative options and caregivers seeking reliable information, they need a trusted, clinical voice to guide the conversation.

PRESENTATION FORMAT:

- 45-minute educational talk + 15-minute Q&A
- Clear, evidence-based information on cannabis and CBD
- Tailored to your audience's needs and concerns
- Includes printed handouts and PowerPoint slides (TV/projector requested)

COMMON TOPICS INCLUDE:

- Cannabis for Pain and Sleep
- Non-Intoxicating Cannabinoids (CBD, CBG, THCa)
- Managing Anxiety & Mood Naturally
- Reducing Side Effects from Medications
- Cannabis Use in End-of-Life and Memory Support

If your community is open to exploring this topic in a responsible and educational setting, I'd love to schedule a visit. Please feel free to reach out with any questions or to book a presentation.

Warm regards,

Dr. Dana Lillestol, PhD

Senior Education Advisor, Life Is Chill 480-798-1361 – dana@lifeischill.com

LIFEISCHILLEDUCATION.com



THE VFW'S INAUGURAL **GAMING LEAGUE** EXCLUSIVE VETERANS.



Join the





Combat Tested Gaming (CTG) has become the fastest-growing veterans gaming community in America. We are approaching 2,500 veteran gamers on our Discord server and streaming gameplay on our Combat Tested Gaming Twitch channel. Join our Discord community to connect with other veterans and active duty server members who play your game of choice! Subscribe to our Twitch and YouTube channels to watch our gameplay and experience the thrill and camaraderie of our gamers.

GAMES

- Rocket League
- Call of Duty
- Call of Duty: Warzone
- World of Warcraft
- Valorant
- Madden
- **MLB: The Show**
- Rainbow Six Siege
- NBA 2K
- **Helldivers 2**
- **Apex Legends**
- Fortnite
- League of Legends
- The Finals
- EA Sports FC
- And more! We are adding games consistently.

IMPACT OVERVIEW

Veteran gamers.



DEDICATED VFW SERVICE **OFFICER**



answering VA benefits questions daily.



have leveraged CTG to start gaming nights - one building a gaming room to support student veterans.

5 VETERANS' LIVES SAVED

during crisis by using connections made through CTG.



CTG has quickly succeeded in reaching its early objectives. Now, as we look to the future, we set our sights on becoming THE leader in the veteran gaming space by continuing to promote the program and through partnering with a veteran-owned company which specializes in building the gaming infrastructure needed to support our growth and long-term success.

Team

I am looking for an interested group or individual that would like to be the State Chairman for this Program.

VFW Combat-Tested Gaming Program Strategy and Overview

The VFW Combat Tested Gaming program has the potential to revolutionize the way the VFW operates and significantly change public perception. The VFW is positioning itself to connect active-duty service members, reserve components, National Guardsmen, and veterans to play video games for stress relief, friendship, and enjoyment. Video games have evolved significantly over the years, transforming from simple recreational activities into powerful tools that offer numerous benefits for individuals of all ages and backgrounds. This VFW Program explores the positive impact video games can have on veterans, focusing on mental health, social engagement, and skill development. By analyzing research studies and testimonies, we aim to illuminate the potential benefits of video games for veterans and the importance of incorporating gaming into their post-military lives. Through stress reduction techniques, therapeutic applications, and camaraderie, video games provide veterans with a supportive and inclusive environment. Additionally, the cognitive and transferable skills gained from gaming can foster personal growth and potentially enhance career opportunities. However, it is essential to address concerns such as addiction, establish a balance between online and offline activities, and ensure accessibility for all veterans. As we continue to explore the potential of video games, it becomes clear that they can serve as valuable tools in the post-military lives of veterans, offering them opportunities for recreation, connection, and personal development.

Mission: The VFW ESports league promotes health, wellness, and comradeship through online gaming. The Combat Tested Gaming program aims to provide holistic support to veterans, addressing their unique needs and helping them thrive in their post-service lives.

Esports and Gaming

- The gaming industry is a \$189.3B industry growing at a rate of 19.6%
- 2.3 billion people game worldwide
- Esports revenue in 2019 was \$1.1B with a 37% CAGR (Compound Annual Growth Rate)
- The esports audience was 500 M+ in 2021 with a CAGR of 11.3%

Revitalization of VFW Operations opportunity

1. Modernizing Engagement:

- Attracting Younger Veterans: By embracing esports and gaming, the VFW can appeal to younger veterans who may not be drawn to traditional VFW activities.
- Digital Community Building: Utilizing platforms like Discord and Twitch for gaming leagues
 fosters a sense of community and connection in a digital space, making it easier for veterans
 to engage from anywhere.

2. Expanding Program Offerings:

- **Diverse Activities:** The inclusion of gaming adds a new dimension to VFW's program offerings, catering to a wider range of interests and hobbies.
- **Skill Development:** Gaming can help veterans develop skills such as strategic thinking, teamwork, and communication, which are valuable both in and out of the gaming context.

3. Enhancing Mental Health Support:

- Therapeutic Benefits: Gaming can serve as a therapeutic outlet, helping veterans manage stress and anxiety through engaging and enjoyable activities.
- Peer Support: The gaming community provides a platform for veterans to connect with peers who share similar experiences, fostering mutual support and understanding.

Key Components of the Combat-Tested Gaming Program

1. Mental Wellness:

- **Peer Support:** The program fosters connections among veterans, helping to combat isolation and improve mental health through shared gaming experiences.
- Therapeutic Benefits: Gaming serves as a therapeutic outlet, providing stress relief and enhancing mood.

2. Social Engagement:

- **Community Building:** The program creates a supportive and inclusive environment where veterans can build camaraderie and connect with peers.
- **Regular Events:** Weekly matches and tournaments are organized to maintain engagement and foster a sense of community.

3. Skill Development:

- **Gaming Leagues:** Veterans can participate in gaming leagues for various games like Rocket League and Valorant, which are divided into multiple skill levels.
- Al Coaching: The program offers Al coaching to help veterans improve their gameplay and develop valuable skills such as strategic thinking and teamwork.

Program Structure

1. Registration and Participation:

- Free Registration: Veterans can register for the gaming leagues at no cost.
- **Discord Community:** The program is hosted on Discord, a popular communication platform used for voice, video, and text chat among gamers.

2. Weekly Matches and Tournaments:

- Seasonal Play: Each season culminates in a playoff-style tournament bracket, with select matches streamed live.
- **Weekly Prizes:** Participants can win weekly prizes and receive free AI coaching to enhance their gaming skills.

National Suicide Prevention Month

DOGE BALL TOURNAMENT

TRUC Community Resource Fair

FRIDAY SEPTEMBER 12TH

0800 - 1400

COMMUNITY RESOURCES WILL BE PROVIDED WITH TABLES AND CHAIRS, MUST BE PRESENT AT 0730

ALLEN READINESS CENTER PAPAGO PARK MILITARY RESERVATION

5636 E McDowell Rd, Phoenix, 85008

SCAN TO REGISTER 8 PEOPLE PER TEAM

CONTACT RICHARD RICO FOR MORE INFORMATION: 602-267-2114 (w)

480-492-2323 (c)



Liability waiver required for all Civilians and Soldiers not on orders

LET'S MAKE MEMORIES

Join us for fun at President Brenda's Homecoming



FAMILY AND FRIENDS REUNION

Saturday, September 13th
From 11:00 am to 4:00 pm - Dinner Served at 1:00
Chicken Fried Steak Dinner with all the Trimmings
\$25.00 per person

Deadline to get tickets August 31, 2025

Show Low Elk's Lodge 805 E Whipple, Show Low, Arizona

RSVP: Brenda Kinghorn @ brendakkinghorn@gmail.com
To Pay for Dinner by Zelle: 1-928-205-1066
Send Checks to: Brenda Kinghorn, P.O. Box 1108,
Pinetop, AZ, 85935-1108





DEPT OF ARIZONA VFW & AUXILIARY 2025 FALL CONFERENCE BLUEWATER RESORT & CASINO 11300 RESORT DRIVE, PARKER, AZ 85344

Social Hour & Dinner Buffet Saturday, October 4, 2025

Hamburgers
Hot Dogs
Potato Salad
Cowboy Beans
Cole Slaw
Chips
Fruit Punch, Water & Iced Tea

Cash Bar will be Available

\$25 Per Person

Order and Pay Online
Visit Conference & Convention Page on the
Department website.

vfwaz.com > Resources

Pay by Check

Complete this form and return entire page with payment to:

VFW Dept of Arizona, 6423 S Ash Ave, Tempe, AZ 85283

How many Meals?		
Who is paying?		
Who is picking up?	Phone #	
Check #		
Post/Auxiliary #		
Tell us about any food allergies		

VFW District 2 Raffle 36 in. Blackstone Griddle



Donation: \$10.00 each or 3 for \$25.00

Drawing Saturday October 18, 2025

At District 2 Meeting in Prescott Valley

Winner need not be present to win

Contact:

District 2 Commander

Harry Hart

928 503-2133

Hcubed54@man.com

TOGETHER TO SAVE LIVES

The American Foundation for Suicide Prevention is holding their annual community walk!

The Out of the Darkness Community Walk gathers many to support the AFSP mission, saving lives and bringing hope to those affected by suicide.

When and Where?

Saturday, Oct 4, 2025 - Flagstaff 2400 N Gemini Rd, Flagstaff, AZ 86004

Saturday, Oct 11, 2025 - Prescott 554 6th St, Prescott, AZ 86301

Saturday, Nov 8, 2025 - Tucson 900 S Randolph Way, Tucson, AZ 85716

Saturday, Nov 15, 2025 - Phoenix 7555 N Pima Rd, Scottsdale, AZ 85258

What time should I be there?

It starts at 9:00 am, but get there early as registration starts at 8:00 am.

You won't want to miss any booths, including the VFW! If you are interested in helping run the VFW booth, contact Allison Helm for information below!

What will we be doing?

Dress accordingly, you will be outside! Everyone gets together and walks a set path that is about a mile and a half long!

Want to pre-register online?

This will make it easier to check in on the day of the walk! Use the link below to pre-register!

https://afspwalks.donordrive.com/

Then select find community walk **Questions?**

Reach out to Allison Helm 623-810-6909 helm 3253@gmail.com







Want to donate to AFSP?

Scan the QR code above to support!

Why Elder Law Attorneys Would Want to Subscribe with HealthProAssist.com

1. Direct Access to Their Ideal Clients

• HPA connects attorneys directly with **seniors**, **veterans**, **and caregivers**—the exact people who need elder law services like estate planning, guardianship, Medicaid/ALTCS planning, VA benefits, and probate.

• Instead of cold leads, attorneys are introduced at the moment participants are actively searching for help.

2. Stand Out in a Crowded Market

- Many elder law attorneys rely on generic directories (Avvo, FindLaw, etc.), where they're just one name in a long list.
- On HPA, they're featured in a focused, senior/veteran-specific platform, so their services don't get lost.

3. Veteran & Senior-Centered Branding

- By being on HPA, attorneys align with a trusted platform dedicated to older adults and veterans.
- This positioning builds credibility, showing they're committed to serving these vulnerable populations.

4. Expand Referral Network

- Attorneys gain visibility not only to families but also to care providers, case managers, and facilities using HPA.
- That creates ongoing referral opportunities from professionals who regularly encounter legal needs.

5. Cost-Effective Marketing

- Instead of spending thousands on Google ads or referral agencies, a subscription with HPA is a **low-cost**, **high-trust pipeline** to qualified prospects.
- Attorneys get more control and measurable value from their subscription.

6. Educational Value & Authority Building

- Attorneys can share articles, FAQs, or short guides on HPA, positioning themselves as **thought leaders**.
- This not only generates leads but builds trust before the first consultation.

Positioning Statement:

"Elder law attorneys subscribe to HealthProAssist because it puts them in front of the exact families who need their help—seniors, veterans, and caregivers—without competing against hundreds of attorneys in generic directories. It's a trusted, focused way to grow their practice and community presence."

why seniors should use Healthproassist.com $^{\mbox}$ ×



George A. Sutherland sutherlandinfo@gmail.com 480.694.3935



VFW POST 2364 PINETOP-LAKESIDE

will conduct a

Prisoner of War / Missing in Action National Remembrance Day September 19, 2025

11:00 AM

Veterans Memorial Park

Pinetop-Lakeside Town Hall 325 W. White Mountain Blvd. Lakeside, AZ 85929



VFW Post 2364 Pinetop/Lakeside



VETERANS DAY

REMEMBRANCE CELEBRATION

VFW POST 2364 PINETOP-LAKESIDE will conduct a

Veterans Day Remembrance Ceremony Nov 11, 2025 11:00 AM

Veterans Memorial Park

Pinetop-Lakeside Town Hall 325 W. White Mountain Blvd. Lakeside, AZ 85929



YOU'RE IN TED

VFW Department of Arizona NASCAR Xfinity Series Championship



November 1, 2025
NASCAR Xfinity Series Championship











TICKETS STARTING AT

\$33

JOIN US FOR A WEEKEND OF FAST-PACED FUN!









106th Tucson Veterans Day Parade

November 11, 2025 11 AM

Tucson Convention Center Perimeter











VFW POST 2364 PINETOP-LAKESIDE

will conduct a

Flag Ceremony September 11, 2025 11:00 AM Veterans Memorial Park

> Pinetop-Lakeside Town Hall 325 W. White Mountain Blvd. Lakeside, AZ 85929



SUNDAY
DECEMBER 21, 2025
2:05 PM



BE SURE TO ARRIVE EARLY & LOOK FOR THE TAILGATE PARTY









Join veterans at the game for a special recognition by the Cardinals.

Friends and Family
Welcome

All seats are in Section 454

Arizona VFW Mandatory Obligations

Election Rept nd Trustee Audits after Quarter closes Closes	03/34 06/30 06/30	×	×	×	X	∢ ×	υ ×	υ ×	District 8 X C R	District 9 X	District 10 X A		Bonding Documentation	Pricing - See Rate Sheet on Dept Website	A = Application Received On Time	C = Certificate Processed and Emailed	X = External Documentation Received		Trustee Audits	R = Audit Received on Time	KW = Audit Received and Reviewed Tor accuracy	E = Rcvd with Errors CORRECTIONS NEEDED		State Delegate Fees-	Annual Mandatory Obligation	\$ = Money Due		If paying all with one check, please	attach a note with a breakdown of how	much for each item.	Please make all checks payable to:	VFW Dept. of AZ and Mail to:	VFW Dept of AZ	6423 S Ash Ave Tempe, AZ 85283
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Chaplain Report Arrears as of 25 August 2025

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3: On Time w/o Data

4: On Time w/Data

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Veterans of Foreign Wars and Auxiliary

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Western Conference

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November 7-9 The Riverside Hotel 2900 w Chinden Blvd Garden City, ID 83714











REGISTRATION NOVEMBER 7-9, 2025

Department:	Post#:	Auxiliary#:
Name:	Title:	
Phone:	Email:_	
Department:	Post#: _	Auxiliary#:
Name:	Title:	
Phone:	Email:	
Address:		
City:	State:	Zip:
Saturday Dinner Choices (please	indicate the number of each	n meal requested):
Chicken Pa	armesan Pork Loin	Vegetarian
Fees Summary:	Registration Fee \$170 each	n X = Total Payment \$
rees Summary.	registration 1 00 \$170 000	17X
 Registration includes: Conference Bag Saturday Continental Brea Break Snacks/Beverages Saturday Lunch Banquet 	akfast	Hospitality Room on evenings of Thursday, Friday and Saturday o Registration must be received by: October 20th o See separate page for payment Information
<u>Traveler Information:</u> Nearest Airport is	s Boise, Idaho (BOI)	
Approximate Arrival Date/Time: Departure Date/Time:		t Number:/







ADVERTISEMENT BOOK FORM NOVEMBER 7-9, 2025

All ads and paym	ents must be receive	a by September 19	¹¹¹ , 2025
Prices for ads:	Full Page - \$150.00 Inside Front and Re	0 ear Cover - \$300.0	Half Page - \$100.00
Only full-page and Western Conferen		pted to accommod	ate the format and graphics of the
Sponsor of ad info	ormation:		
Phone No.:			
	phics provided for a	r—1	(Attach electronically is best, mail in is optional)
Please email ads t	o Troy Junier at idal	novfw@gmail.com	
Make checks paya In memo write:	able to:	VFW Department Western Confere	
Send payment and	d printed copy to:	VFW Department 1425 South Roose Boise, Idaho 8370	evelt Street.







PAYMENT INFORMATION NOVEMBER 7-9, 2025

Payment Instructions: Make check payable to: Department of Idaho VFW

Print and mail Registration & Payment to:

VFW Department of Idaho

Attn: Dept Quartermaster

1425 S Roosevelt Street

Pay by Credit Card: Visa ____ Mastercard ___ Discover ___ AMEX____

Name (as it appears on the card): ______

Billing address for the card: ______ State ____ ZIP _____

City _____ State ____ ZIP _____

Expiration Date: _____ Security Code: ______

Signature:

Boise ID 83705-2025

Email complete Registration and Payment pages to:

- 1) <u>Idahovfw@gmail.com</u> Attn Department Quartermaster
- 2) <u>badgerxray@gmail.com</u> Attn Tom Black, Western Conference Chairman, Dept of ID

If Paying by Venmo with your cell phone:

- 1. Scan the QR Code with your phone Or
- 2. Open Venmo on your phone
- 3. Tap Pay/Request at the bottom of the screen
- 4. Search IDVFW
 - a. Under Businesses selects @IDVFW
- 5. Enter the total from above and add a memo note "2025 Western Conference"
- 6. Tap Pay, follow the prompts to get a confirmation screen

Note: Print a copy of this form for your records.









HOTEL INFORMATION

NOVEMBER 7-9, 2025

CONFERENCE HOTEL: "VFW Western Conference"

Single Room Rate: \$167.00 (does not include local & city taxes-approx. 13%)

Check in: 4:00 PM MST Check out: 11:00AM MST

Website: www.riversideboise.com (downtown near Boise, Idaho The Riverside Hotel 2900 W Chinden Blvd W 32nd Garden City, ID 83714 Contact: 208-343-1871 Ling & Louie's Asian Bar and Grill Stockton St Cottonwood suites Boise Idaho CrossFit Casual on Well Builder The Riverside Hotel 4.4 ★ (26/3) 3-star hotel Idaho Marin Fairview Ave Main St **Boise Connector** Fairview Ave N: Garden St W Fairview Ave Rotary Park (N Garden St Boise River Greenbelt Gruss Bridge Manvilla .

FEAST From sizzling steaks to bacon and eggs, taste our take on the classics. BAR365 + RIVERSIDE GRILL + SANDBAR PATIO & GRILL + THE SAPPHIRE ROOM + LING & LOUIE'S +

Amenities & Conveniences

- · Outdoor Saltwater Pool
- Indoor Saltwater Pool
- Indoor Splash Pad
- · All-Season Hot Tub
- · Fitness Center
- BAR365 Lobby Bar
- · Water's Edge Art Gallery
- Guest Laundry
- · On-site Restaurants Dry
- Sauna
- Sapphire Room Concert Venue

- Giant Checkers & Chess
- Bicycle Rental
- Sandstone Terrace & Fire Pit
- Business Center
- Greenbelt Access
- Airport Shuttle
- Electric Vehicle Chargers
- · Signature Breakfast Buffet
- Marketplace







TRANSPORTATION INFORMATION NOVEMBER 7-9, 2025

Preferred Airport: Boise Idaho (BOI) website: www.iflyboise.com

Five (5) miles from the airport to the Riverside Hotel (approx. 10 minutes driving time)

To arrange a ride from the airport to the hotel, **call Riverside Hotel Shuttle at 208-343-1871**.

Pickup at the **green curb**.

Other Ground Transportation:

Most ground transportation services for Boise Airport are located on the lower-level roadway outside of the baggage claim area, except for Rideshare services. On the lower level, cross to the median and look for the color-coded curbs. Curbside Valet Parking: Upper curb, east end Rideshare (Lyft & Uber): Upper curb, east end

Taxis: Black curb

Courtesy Shuttles: Green curb

Paid Shuttles: Blue curb Buses: Purple curb

Rideshare - Lyft and Uber

Rideshare operators, Lyft and Uber, have a designated pick-up and drop-off locations at the Boise Airport.

Pick-up Location - Upper Curb, East End

Passengers who have requested rides through an app should follow rideshare wayfinding signage to the second-floor rotunda exit door and follow the curb to the right to meet their driver at one of the shelters labeled "Rideshare Pick-Up Area."

Drop-Off Location - Upper Curb

Passengers arriving at the airport via a rideshare service will be dropped off at their specified airline location on the upper curb.

Helpful Tips

- Wait to request your ride until after you've claimed your luggage at baggage claim or have arrived at the pick-up location.
- Rideshare drivers are not allowed to solicit customers, and payment is made in the mobile app.
- Rides may only be requested through the mobile apps.
- Before you get into a rideshare vehicle, make sure the license plate, car make and model, and driver name match what is in the app.









VETERANS OF FOREIGN WARS AND AUXILIARY Western Conference

hosted by

DEPARTMENT OF IDAHO

NOVEMBER 7TH to NOVEMBER 9TH 2025 RIVERSIDE HOTEL BOISE, IDAHO

SCHEDULE OF EVENTS

Conference Notes ------Tours Available -- See Travel Desk During Registration

Friday, November 7 9:00 AM - 4:00 PM Conference Registration

7:30 AM - 4:00 PM Free Time - Excursions 4:00 PM - 5:00 PM Joint Opening Ceremony

5:30 AM - 9:30 PM Dinner on your own, possible event at local Post.

Hospitality Room Open

Saturday, November 8 8 AM - 12 NOON Conference Registration

9AM - 12 NOON VFW Business Session

Auxiliary Business Session

12:00 -1:30 PM Luncheon

1:30 PM - 5 PM VFW Business Session Auxiliary Business Session

5:30 PM - 6:30 PM No Host Cocktails --- Banquet Room

6:30 PM - 8:30 PM Conference Banquet

Hospitality Room (after banquet concludes)

Sunday, November 9th Travel Home HAVE A SAFE TRIP HOME

Respectfully, Tom Black VFW Western Conference, Convention Chairman



AFW & AUXILIARY WESTERN CONFERENCE



November 7-9, 2025

Local Things to Do

Military/Museums:

Warhawk Air Museum https://warhawkairmuseum.org/

Gowen Field Military History Museum https://museum.mil.idaho.gov/

Sports Humanitarian Hall of Fame, 404 S 8th Street, Boise (208-343-7224)

Boise State University https://www.boisestate.edu/

Idaho State Museum https://history.idaho.gov/museum/

Basque Museum & Cultural Center https://basquemuseum.eus/

Boise Art Museum https://boiseartmuseum.org/

Museum of Mining & Geology https://www.idahomuseum.org/

Discovery Center of Idaho https://dcidaho.org/

Boise Visitors Guide:

https://visitboise.com/visitor-guide/#pdfflip-PDFF/1/

Arts Culture & Parks: https://downtownboise.org/events/arts-culture-parks

Sports https://downtownboise.org/events/sports

Map of Downtown Boise https://downtownboise.org/explore/map-of-downtown-boiseBoise

Bike Friendly https://downtownboise.org/explore/transportation-parking/boise-bike-town

Top Golf https://topgolf.com/us/boise/

Shopping https://www.boisetownesquare.com/en/

https://www.thevillageatmeridian.com/

The Peregrine Fund's World Center For Birds of Prey https://peregrinefund.org/plan-your-visit

Wahooz Family Fun Zone https://www.wahoozfunzone.com/

Skyzone Trampoline Park https://www.skyzone.com/Nampa iD

Zoo Boise https://www.cityofboise.org/departments/parks-and-recreation/facilities/zoo-boise/

Visit Boise:

https://visitboise.com/play/

Garden City Guide:

https://visitgardencity.com/things-to-do/arts-makers/

https://visitgardencity.com/things-to-do/craft-beverages/

Visitors Map: https://149854433.v2.pressablecdn.com/wp-content/uploads/2024/09/GC-Map-

2024-8.5x14-01.png